

2SLGBTQIA+

RESOURCES



COUNSELLING PROVIDERS

STU COUNSELLING

STU Counselling offers individual counselling, and other mental health services to STU students. To book an appointment please visit their website.

Website:

www.stu.ca/mentalhealth/counselling/

UNB COUNSELLING

Located on the 2nd Floor of C.C. Jones Student Services Building, UNB Counselling offers individual counselling, group counselling, bibliotherapy and other mental health services to UNB & STU students. To book an appointment please email, or call the number provided.

Phone: 506-453-4820

Email: counsel@unb.ca

CAMPUS SPECIFIC RESOURCES

2SLGBTQIA+ WELLNESS COORDINATOR

Provides counselling, community building and outreach, education outreach, program development, advising, and policy development and advising to UNB, NBCC & STU students.

Email: cassidy.wilson@unb.ca

THE 203 CENTRE

Located on the third floor of the UNB Student Union Building, The 203 is a safe & inclusive study/resource sharing space for 2SLGBTQIA+ NBCC, STU & UNB students. The 203 also hosts many campus events, and boasts a large library of queer and trans focused books, as well as a comfy space to hang out.

Facebook: [@The 203 Centre](https://www.facebook.com/The203Centre)

Instagram: [@The203centre](https://www.instagram.com/The203centre)

Email: the203@unb.ca

CAMPUS SEXUAL ASSAULT SUPPORT ADVOCATES (CSASA)

Provide trauma-informed counselling, community outreach, education outreach, and program development to UNB, NBCC & STU students who have been affected by sexual violence.

Instagram: [@fredericton_csasa](https://www.instagram.com/fredericton_csasa)

Email: csasa@svnb.ca

QMUNITY

2SLGBTQIA+ community group at UNB formed to unite, support and provide visibility for the 2SLGBTQIA+ community on campus.

Facebook: [@qmunityunb](https://www.facebook.com/qmunityunb)

Email: qmunity@unb.ca

STUSU - President

Student elected position created to help connect students to resources and advocate for the student experience

Email: su_president@stu.ca

GENDER NEUTRAL WASHROOMS

- **Sir James Dunn Hall:** Two gender neutral washrooms on second floor.
- **George Martin Hall:** Gender neutral/private washroom on main floor, two private washrooms outside Great Hall on the second floor, three washrooms on the third floor.

- **Edmund Casey Hall:** Two gender neutral/private washrooms on second floor, two gender neutral/private washrooms on third floor.
- **Holy Cross:** Two private washrooms on third floor.
- **Margaret McCain Hall:** Three gender neutral/private washrooms in study hall.
- **JB O'Keefe Fitness Centre** - Gender neutral/private washroom on main floor.

Residences All co-ed residences have gender neutral washrooms; however, the locations change yearly - check in with your RA on move in to find out where they are!

HEALTH SERVICES

STUDENT HEALTH CENTRE

The Student Health Centre provides full-time STU & UNB students with medical services.

Phone: 506-453-4837

NURSE PRACTITIONER CLINIC

The NP Clinic is a clinic that has been designed to support and provide medical care to the general public as a primary care clinic, but at this clinic they have hired and trained two nurse practitioners to work directly with 2SLGBTQIA+ New Brunswick residents who have a valid Medicare Card and are in need of a family doctor.

Phone: 506-474-4500

CONCEPTIA

Conceptia is the only fertility clinic in New Brunswick that provided fertility consultation and services to queer and trans persons in the province.

Phone: 506-862-4217

LOCAL GROUPS

SOLACE

A counselling support group run through Family Enrichment.

Email: groups@familyenrichment.ca

IMPRINT YOUTH ASSOCIATION

2SLGBTQIA+ group for youth and young adults.

Facebook: [@Imprint Youth Association](https://www.facebook.com/ImprintYouthAssociation)

Instagram [@ImprintYouth](https://www.instagram.com/ImprintYouth)

Email:

imprintyouthfredericton@gmail.com

FREDERICTON GENDER MINORITIES

A support and advocacy group for trans, intersex, and gender non-conforming people.

Facebook: [@fgmfredericton](https://www.facebook.com/fgmfredericton)

Instagram: [@frederictongenderminorities](https://www.instagram.com/frederictongenderminorities)

FIERTÉ FREDERICTON PRIDE

Non-profit organization striving to promote gender and sexual minority inclusion, equity, and diversity.

Facebook: [@Fierté Fredericton Pride](https://www.facebook.com/FiertéFrederictonPride)

Instagram: [@fiertefrederictonpride](https://www.instagram.com/fiertefrederictonpride)

PFLAG LOCAL CHAPTER

Non-profit support group for family members of 2SLGBTQIA+ persons.

Facebook: [@PFLAG Fredericton](https://www.facebook.com/PFLAGFredericton)

Website: pflagcanada.ca

AIDS NEW BRUNSWICK

Non-profit organization which provides education outreach, safe-sex education, and access to a needle exchange program among others.

Facebook: [@AIDS NB/SIDA NB](https://www.facebook.com/AIDS NB/SIDA NB)

Website: aidsnb.com

NATIONAL GROUPS

EGALE CANADA HUMAN RIGHTS TRUST

Egale's vision is of Canada free of homophobia, bi-phobia, transphobia and all other forms of discrimination so that every person can achieve their full potential, unencumbered by hatred & bias. Their mission and values help pave the way for their vision to become a reality.

Instagram [@egalecanada](https://www.instagram.com/egalecanada)

Website: egale.ca

SUPPORT LINES

TRANS LIFELINE

LA national trans-led organization dedicated to improving the quality of trans lives by responding to the critical needs of our community with direct service, material support, advocacy, and education.

24 Hour Support Line: 1-877-330-6366

Website: translifeline.org

SEXUAL VIOLENCE NEW BRUNSWICK

A non-profit organization committed to ending sexual violence. They offer a 24 hour support line, counselling, and programming.

24 Hour Support Line: 1-506-454-0437

Website: svnb.ca

Email: info@svnb.ca

CHIMO HELPLINE

A non-profit organization committed to providing crisis support.

24 Hour Support Line: 1-800-667-5005

Website: chimohelpline.ca

COMMUNITY BASED COUNSELLORS

The following clinicians are licensed to provide WPATH/CPATH letters in support of gender affirming hormone therapy, and gender affirming surgery.

NATHAN THOMPSON, M.Ed, LCT-C, C.C.C.

Block House Counselling

Email: nathan@blockhousecounselling.ca

Website: blockhousecounselling.ca

Phone: 506-459-0225

AMY OTTESON, M.A, L.PSYCH

Otteson Psychological Services

Email: amy@ottesonpsych.com

Website: www.ottesonpsych.com/

Phone: (506) 471-3621

STEL RAVEN, M.S.W, RSW

Stel Raven Counselling and Consulting

Email: stel@stelraven.com

Website: stelraven.com

Phone: 506-259-5522

CASSIDY WILSON, M.Ed, LCT-C, C.C.C.

Blue Spruce Counselling & Consulting

Email: cassidy@bluesprucecounselling.com

Website: bluesprucecounselling.com

Phone: 506-260-0116

Brought to you by
The 203 Centre for Gender and Sexual
Diversity, and the 2SLGBTQIA+ Wellness
Coordinator

